

FRUITS FOR THE NEW YEAR



CHIKOO

TASTE
Sweet malty flavour

TEXTURE
Sandy

HOW TO EAT
Halve, remove seeds and eat

STORE
Room temperature

TASTE
Pineapple/Guava

TEXTURE
Gritty

HOW TO EAT
Peel and eat

STORE
Room temperature



EGYPTIAN GUAVA



CHINESE PEAR

TASTE
Crisp with high water content

TEXTURE
Grainy

HOW TO EAT
Served raw and peeled

STORE
Cool dry place

TASTE
Very sweet passion fruit

TEXTURE
Sweet juicy

HOW TO EAT
Halve, eat centre with spoon

STORE
Refrigerate



FEIJOA



COCONUT

TASTE
Mildly sweet and crunchy

TEXTURE
Smooth and firm

HOW TO EAT
Crack open, cut out white flesh

STORE
Refrigerate

TASTE
Sweet & Sour

TEXTURE
Seeds in centre vary in number & size

HOW TO EAT
Peel skin, cut and eat

STORE
Refrigerate



GRANADILLA



CURUBA

TASTE
Passion fruit

TEXTURE
Sweet juicy pulp with seeds

HOW TO EAT
To make juice and sorbets

STORE
Refrigerate

TASTE
Apple, Pineapple, Mango & Banana mixed

TEXTURE
Starchy & Fibrous

HOW TO EAT
Ready cut bulbs with seeds removed

STORE
Refrigerate



THAILAND GUAVA



CUSTARD APPLE

TASTE
Custard

TEXTURE
Juicy and sweet

HOW TO EAT
Halve, remove pips, scoop out flesh

STORE
Room temperature

TASTE
Apple

TEXTURE
Smooth

HOW TO EAT
Eat the flesh throw away the stone

STORE
Room temperature



JACKFRUIT



BARHI DATES

TASTE
Mildly sweet

TEXTURE
Firm

HOW TO EAT
Wash & eat, discard seed

STORE
Refrigerate

TASTE
Sweet malty flavour

TEXTURE
Sandy

HOW TO EAT
Halve, remove seeds and eat

STORE
Room temperature



JUJUBE



DRAGON FRUIT

TASTE
Sweet

TEXTURE
Seedy

HOW TO EAT
Peel, skin, cut and eat

STORE
Room temperature

TASTE
Sweet malty flavour

TEXTURE
Sandy

HOW TO EAT
Halve, remove seeds and eat

STORE
Room temperature



LONGAN

FRUITS FOR THE NEW YEAR



LULO PLUM

TASTE

Pineapple/Lemon

TEXTURE

Like Sharon

HOW TO EAT

Cut in half - eat with spoon

STORE

Refrigerate

TASTE

Sweet

TEXTURE

Soft flesh with lots of Seeds

HOW TO EAT

Cut fruit in half & eat with spoon

STORE

Room temperature



SABRA PRICKLY PEAR



MANGOSTEEN

TASTE

The queen of fruit

TEXTURE

Soft white

HOW TO EAT

Cut shell in half and enjoy the centre

STORE

Refrigerate

TASTE

Sweet and sour

TEXTURE

Smooth and waxy

HOW TO EAT

Just wash and eat

STORE

Refrigerate



STAR FRUIT



MARACUYA

TASTE

Passion fruit

TEXTURE

Juicy

HOW TO EAT

Cut in half and scoop out pulp Crack open pod, pull off string, eat around pit

STORE

Refrigerate

TASTE

Sweet

TEXTURE

Gummy, sticky texture

HOW TO EAT

STORE

Refrigerate



SWEET TAMARIND



PEPINO MELON

TASTE

Cucumber/Tomato

TEXTURE

Like Melon

HOW TO EAT

Like Melon

STORE

Room temperature

TASTE

Tart and tangy

TEXTURE

Firm texture

HOW TO EAT

Scoop away flesh from halved

STORE

Refrigerate



TAMARILLO



PHYSALIS

TASTE

Like Tomato

TEXTURE

Smooth

HOW TO EAT

Take out outer husk, Wash & Eat

STORE

Room temperature

TASTE

Crunchy and sweet

TEXTURE

Juicy with white flesh

HOW TO EAT

Same as pear

STORE

Refrigerate



YA PEAR



PITHAYA

TASTE

Same as Lychee

TEXTURE

Juicy

HOW TO EAT

Cut open expose flesh and eat raw

STORE

Refrigerate

TASTE

Acidic and Sweet

TEXTURE

Dry crumbly to moist & tender

HOW TO EAT

Open outer casing and eat middle

STORE

Refrigerate



ZALACCA



RAMBUTAN

TASTE

Same as Lychee

TEXTURE

Juicy

HOW TO EAT

Peel and eat fruit around the stone

STORE

Refrigerate

שנה טובה
Shana Tovah

www.kosherkingdom.co.uk

