



• Fresh Vegetables •

- Artichoke
- Asparagus
- Aubergine
- Avocado
- Baby Corn - **KITNIOT**
- Beans Fine - **KITNIOT**
- Bean Sprouts
- Beetroot
- Broccoli
- Butternut
- Cabbage Red / White
- Carrots
- Cauliflower
- Celeriac
- Celery
- Chicory
- Chillies Red / Green
- Chinese Leaves
- Courgettes
- Cucumber
- Cucumbers Mini 3pk
- Endives
- Fennel
- Garlic
- Ginger
- Horseradish
- Jerusalem Artichokes
- Kohlrabi
- Leek
- Lettuce Iceberg
- Mange Tout - **KITNIOT**
- Mooli
- Mushrooms
- Onions Regular / Red / Shallots / Spanish
- Pak Choi
- Parsnip
- Peppers Green / Orange / Red / Yellow
- Potatoes 2kg Bag
- Potatoes 5kg Bag
- Potatoes Baby
- Potatoes Baking
- Pumpkin
- Radish
- Salad Cress
- Spinach Leaves
- Spring Onion
- Sugar Snaps - **KITNIOT**
- Swede
- Sweet Potatoes
- Tomatoes Regular / Beef / Cherry
- Turnip

• Checked Vegetables •

- Broccoli
- Cabbage White / Red
- Cauliflower
- Cavolo Nero
- Celery
- Coleslaw Mix
- Curly Kale
- Iceberg Lettuce
- Mixed Leaves Reg / Baby
- Romaine Lettuce Leaves / Chopped
- Roquette
- Spinach Leaves

• Fresh Fruit •

- Apples Braeburn / Bramley / Golden Delicious / Granny Smith / Royal Gala / Pink Lady
- Bananas
- Blueberries
- Carob
- Clementines
- Coconut
- Dates Medjool
- Grapefruit Pink
- Grapes Red / White
- Kiwi
- Lemons
- Mango
- Melon Cantaloupe / Galia / Honeydew
- Oranges Large / Small
- Passion Fruit
- Pears Conference / Williams
- Physalis
- Pineapple
- Plums Red
- Pomegranates
- Strawberries
- Sweet Tamarind
- Watermelon

• Peeled / Prepared •

- Beetroot Sliced / Grated
- Butternut Chunks / Halves
- Carrots Whole / Diced / Grated / Sliced
- Celeriac Chunks
- Celery Sticks
- Courgettes
- Kohlrabi
- Onions Regular whole & diced / Red / Shallots / Spanish
- Parsnip
- Passion Fruit Pulp
- Pomegranate Seeds
- Potatoes Chunks / Diced / Grated / Whole
- Pumpkin
- Swede
- Sweet Potato Chips / Cubes / Chunks
- Turnip

• Herbs •

- Basil
- Chives
- Coriander
- Dill
- Mint
- Parsley

• Checked Herbs •

- Coriander
- Dill
- Mint
- Parsley
- Rosemary
- Thyme

• Crisps •

- Plain
- Barbecue
- Onion & Garlic
- Rippled
- Unsalted
- Potato Snacks
- Potato Stix
- Veggie Crisps
- Multi Packs

• Snacks •

- Apple Chips
- Bisli
- Onion Rings
- Snacks - **KITNIOT** •
- Bamba
- Doritos
- Popcorn
- Pretzels



MATZAS & CRACKERS

• Matzas •

- Machine
- Machine Shmura
- Round Hand Made
- Egg
- Lite High-Fiber
- Oat Hand Round **Gluten Free**
- Oat Machine **Gluten Free**
- Organic
- Rye
- Spelt Machine / Round Hand
- Whole Wheat Machine / Round Hand
- Chocolate Covered

• Cereals •

- Apple Cinnamon Loops
- Original Loops
- Cocoa Loops
- Fruit Loops
- Honey Loops
- Frosted Loops
- Choco Puffs
- Fruity Puffs
- Kariot - **KITNIOT**
- Chocolate Cream Filled

• Crackers •

- Matza
- Tam Tams Variety
- Crisp Flats Variety
- Crostini Variety
- Ritz Style
- Gluten Free Crackers
- Gluten Free Matza Style Squares
- Rice Cakes - **KITNIOT** •
- Chocolate Covered
- Corn Cakes
- Multi-Grain Plain
- Whole Grain

• Granola •

- Almond Pecan
- Chocolate
- Cranberry
- Original

AISLE 2

CHOMETZ NOT FOR PASSOVER



AISLE 3

• Tea •

- Fruit & Herbal Huge Variety
- Tea Bags Regular / Decaf
- Earl Grey
- English Breakfast

• Coffee •

- Instant Regular / Decaf
- Filters
- Ground
- Turkish

• Milk / Alternatives •

- Almond
- Coconut
- Long Life
- Rice - **KITNIOT**
- Soya - **KITNIOT**
- Milk Powder
- Coffee Creamer
- Chocolate Milk
- Hot Chocolate Mix Regular / Sugar Free



DRINKS

AISLE 4

• Fizzy Drinks •

- 7 Up
- 7 Up Free
- Black Cherry
- Cider
- Coca Cola
- Coca Cola Diet
- Coca Cola Zero
- Fanta Orange / Lemon / Exotic
- Ginger Ale Regular / Diet
- Grapefruit Lemon Diet
- Lemon Regular / Diet
- Orange
- Pepsi
- Pepsi Max
- Sparkling Water Assorted Flavours
- Sprite
- Sprite Zero
- Canned Drinks Variety

• Juice Drinks •

- Aloe Vera
- Apple / Grape / Peach
- Apple
- Apple Carrot
- Apricot
- Coconut Water
- Cranberry
- Exotic Fruit
- Grape
- Grapefruit
- Grapefruit Diet
- Guava
- Ice Tea
- Lemon Nana
- Lychee

• Dilutes •

- Lemon
- Orange
- Orange No Added Sugar
- Raspberry
- Strawberry
- Raspberry Syrup

• Waters •

- Still
- Sparkling
- Fruit Flavoured Still / Sparkling
- Small Bottles Still / Sparkling



WINES & SPIRITS

AISLE 4

• Wines •

- Grape Juice
- Kiddush Wine
- Red Table Wine
- White Table Wine
- Champagne
- Sparkling Wine

• Liqueurs & Spirits •

- Advocaat
- Amaretto
- Apricot
- Arak
- Banana
- Boukha
- Brandy
- Cherry
- Chocolate
- Chocolate Mint
- Chocolate Orange

- Coffee
- Cognac
- Crème de Cassis
- Double Espresso
- Gin
- Kirsch
- Slivovitz
- Triple Sec
- Vodka
- Vodka - Date
- Vodka - Lemon



FOOD CUPBOARD

AISLE 5

• Coatings & Mixes •

- Breadcrumbs / Panko Crumbs Variety
- Coat 'n Bake Variety
- Crumb Coating
- Kneidel
- Latke
- Mashed Potatoes Instant
- Matza Ball
- Matza Ball Gluten Free / Spelt / Whole Wheat
- Matza Ball & Soup
- Matza Farfel
- Stuffing

• Salt •

- Himalayan Pink Coarse / Fine
- Himalayan White Coarse / Fine
- Koshering
- Sea Salt Coarse / Fine
- Sour Salt
- Table Salt

• Soups / Soup Mixes •

- Beef Parve
- Chicken
- Mushroom
- Onion
- Vegetable
- Borscht
- Tinned Soups
- Instant Noodle Soup Cup

• Soup Cubes •

- Beef
- Chicken

• Soup Accompaniments •

- Chow Mein Noodles
- Croutons BBQ / Onion / Veggie
- Mandlen
- Soup Nuts
- Soup Rings

• Herbs & Spices •

- Allspice
- Basil
- Bay Leaves
- BBQ Seasoning
- Black Pepper
- Cajun
- Cayenne Pepper
- Cilantro
- Cinnamon Powder / Sticks
- Cloves Ground / Whole
- Coriander Ground
- Cumin
- Curry Powder
- Dill Weed
- Fish Seasoning
- French Fry Salt
- Garlic Minced
- Garlic Pepper Salt
- Garlic Powder
- Garlic Salt
- Ginger
- Grilled Chicken Seasoning
- Lemon Pepper
- Marjoram
- Mint
- Montreal Seasoning

• Pasta •

- Couscous Original / Chicken / Onion / Vegetable
- Egg Noodles Thin / Wide
- Elbows
- Rotelle
- Shells
- Spirals
- Tricolour Spirals
- Ziti

• Quinoa •

- Red
- Tricolour
- White
- Chia Seeds

- Nutmeg
- Onion Minced
- Onion Powder
- Onion Salt
- Oregano
- Paprika
- Paprika Hot / Smoked / Sweet
- Parsley
- Peppercorns
- Pickling Spice
- Pizza Seasoning
- Red Pepper Flakes
- Roast Beef Seasoning
- Rosemary
- Salad Seasoning
- Seasoning Salt
- Shawarma Spice
- Steak Seasoning
- Sumac
- Thyme
- Turmeric
- White Pepper
- Zaatar

• Rice - *KITNIOT* •

- Basmati
- Jasmine
- Persian

• Pulses - *KITNIOT* •

- Chick Peas
- Mixed Beans
- Popcorn Kernels
- Red Kidney Beans
- Split Peas
- White Beans

• Hermolis Meals •

- Chicken
- Fish
- Meat
- Vegetarian
- Soups



FROZEN PRODUCTS

AISLE 5

• Cakes •

- Apricot Roll
- Black & White Swirl
- Chocolate Roll
- Chocolate Nut Roll
- Chocolate Praline Mousse
- Jam Roll
- Lemon Roulade
- Mocha Roulade
- Opera
- Praline Nut Roll
- Seven Layer

Gluten Free VARIETY

Sugar Free VARIETY

• Desserts •

- Ice Cream Tubs Dairy / Parve - Huge Variety
- Ice Cream Mini Bites Dairy / Parve
- Ice Cream Sticks Dairy / Parve
- Ice Lollies
- Sorbet
- Whip Topping Parve
- Whip Topping Sugar Free
- Coffee Creamer Parve
- Ice Cubes

• 7" Tortes •

- Amaretto
- Black & White
- Cappuccino
- Chocolate
- Chocolate & Vanilla
- Chocolate Mousse
- Mocha
- Raspberry
- Strawberry
- Tiramisu
- Vanilla

• Frozen Heat & Serve •

- Blintzes
- Bagels
- Chips Frying / Oven
- Chips Straight Cut / Crinkle Cut
- Latkes
- Pancakes
- Pizza

• Frozen Vegetables •

- Artichoke
- Asparagus
- Broccoli
- Brussels Sprouts
- Butternut Squash
- Carrots Baby / Whole
- Cauliflower
- Kale
- Mixed Veg

• Fish •

- Fish Fillets
- Minced Fish Regular / Sugar Free
- Gefilte Fish Roll Regular / Sugar Free
- Salmon Fish Roll

• Frozen Fruit •

- Blueberries
- Cranberries
- Mango
- Rhubarb
- Strawberries

• Herb Cubes •

- Basil
- Coriander
- Dill
- Garlic Crushed
- Ginger
- Onion Minced
- Parsley

• Raw Poultry •

- Boiling Chicken
- Chicken Breasts
- Chicken Breast Fillets
- Chicken Drumsticks
- Chicken Legs
- Chicken Thighs
- Chicken Wings

• Prepared Foods •

- Cholent
- Kishka
- Potato Kugel

• Prepared Chicken / Turkey •

- Chicken Nuggets
- Chicken Schnitzel
- Turkey Breast Nuggets



BISCUITS, CAKES & BAKING



aisle 6

• Biscuits •

Almond
Black & White
Brownie
Chocolate Chip
Cinnamon
Coconut
Coffee
French Lemon / Orange
Vanilla
Walnut

Gluten Free VARIETY
Sugar Free VARIETY

Biscotti
Cappuccino / Choc Chip
Cinnamon Balls
Baby Fingers
Meringues
Mixed Biscuits
Sandwich Chocolate / Vanilla / Duplex
Soft Baked Choc / Choc Chip / Sprinkles
Wafers - **KITNIOT**

• Cakes •

Brownie
Chocolate
Chocolate Chip
Chocolate Roll
Coffee
Honey
Jam Roll

Marble
Seven Layer
Sponge
Walnut
Gluten Free VARIETY
Sugar Free VARIETY

• Macaroons •

Almond
Cappuccino
Carrot
Chocolate
Chocolate
Nut Brownie
Chocolate Chip
Coconut

Cookies & Cream
Honey
Mint Chocolate
Pistachio Orange
Red Velvet
Toffee
Vanilla
No Added Sugar

• Cooking Ingredients •

Cake Matza Meal
Fine Matza Meal
Medium Matza Meal
Shmura Matza Meal Variety

Spelt Matza Meal
Whole Wheat Matza Meal

Desiccated Coconut
Ground Almonds
Ground Hazelnuts
Ground Walnuts

• Flours •

Almond
Coconut
Hazelnut
Potato
Quinoa
Tapioca

• Muffins / Cupcakes •

Assorted
Chocolate Chip
Double Choc Chip
Vanilla
Individually Packed Muffins



HOUSEHOLD

aisle 7

• Colour Coded Kitchenware (MEAT / MILK / PARVE) •

Chopping Boards
Cloths
Gloves
Knives
Labels
Measuring Spoons
Oven Mitts
Peelers
Scissors

Scrubbing Brush
Sink Strainer
Slotted Spoons
Soup Ladels
Spatulas
Sponges
Tongs
Wooden Spoons

• Disposables •

Hot Cups
Kiddush Cups & Plates
L'Chaim Cups
Plastic Cups
Wine Cups
Doilies
Tooth Picks
Straws
Designed / Coloured Plates
Paper Plates

Plastic Plates
Plastic Bowls

Plastic Cutlery
Clear / Coloured / Silver
Plastic Tablecloths Clear / Coloured
Serviettes
White / Coloured / Designed
Serving Bowls
Serving Platters

• Candles •

Shabbos Candles
12's / 16's / 20's
Floating Wicks
Havdallah
Memorial 7 day
Memorial 24hr
Memorial 48hr
Memorial 72hr
Memorial Tins
Electric Memorial Candle
Neriot

Neronim Glasses
SPECIAL Seder Night Candles
Tea Lights
Olive Oil
Paraffin / Lamp Oil
Foil Candle Holders
Matches
Besomim



DRIED FRUIT, NUTS & CONFECTIONERY

aisle 6

• Dried Fruit •

Apple Rings
Apricots
Bananas
Coconut Chips
Cranberries
Cranberry Mix
Exotic Fruit Mix
Freedom Fruit Bars
Fruit Salad
Guava
Mango
Medjool Dates
Nectarines
Peaches
Pears
Plums
Prunes
Raisins

• Roasted Nuts •

Almonds
Blanched / Whole
Cashews
Chestnuts
Hazelnuts
Luxury Mixed Nuts
Pistachios
Pistachio Kernels

• Raw Nuts •

Almonds
Blanched / Flaked / Slivered / Whole
Brazil
Cashews
Hazelnuts
Macadamia
Pecans
Pine
Walnuts
Chopped / Whole

• Caramelised Nuts •

Almonds
Cashews
Hazelnuts
Pecans

• Chocolate Covered •

Almonds
Bridge Mix
Cashews
Cranberries
Hazelnuts
Pistachios
Raisins

• Confectionery •

Candy Floss
Chewing Gum
Fruit Rolls
Fruit Snacks
Hard Sweets
Halva - **KITNIOT**
Jellies
Lollypops
Marshmallows
Marzipan
Toffees

• Chocolate •

Chocolate Bars
Dairy / Parve
Chocolate Bars Family Multi-Pack
Choc Covered Macaroons
Choc Covered Matza
Choc Covered Orange Peel
Choc Nut Clusters
Choc Seder Plate
Cashew Clusters
Pecan Clusters
Pralines
Smarties
Truffles
Viennese Crunch
Chocolate Presentation Gift Boxes



KITCHENWARE

aisle 7

Oven Mitts
Passover Hand Towels
Chopping Boards
Frying Pans
Kitchen Utensils

Mixing Bowls
Pots
Colour Coded Utensils
Meat / Milk / Parve

**• Cake Mixes •**

Apple Crumb
Brownie
Carrot
Coffee
Fudge Brownie
Hazelnut
Honey
Marble
Sponge
Yellow

Gluten Free Variety
Sugar Free Variety

• Muffin Mixes •

Apple Cinnamon
Blueberry
Plain
Pancake Mix

• Baking •

Baking Chocolate
Baking Powder
Bicarbonate Of Soda
Chocolate Chips
Cocoa Powder
Sprinkles
Chocolate / Coloured
Apple Pie Filling
Cherry Pie Filling
Pumpkin Pie Filling

Pie Crusts
Graham Crumbs

• Oil •

Almond
Avocado
Coconut
Cottonseed
Grapeseed
Hazelnut
Olive *Plain / with Lemon / Chilli / Garlic*
Palm
Pistachio
Safflower
Sesame - *KITNIOT*
Sunflower
Walnut
Truffle *Black / White*
Spray Oil *Variety*

• Coconut Milk •

Light
Organic
Regular

• Tinned Vegetables •

Asparagus
Beets
Carrots
Hearts of Palm
Whole / Cut / Spaghetti
Mushrooms *Whole / Sliced*
Potatoes
Tomatoes *Crushed / Diced / Whole / Peeled*

• Pudding Mixes •

Vanilla
Chocolate
Sugar Free Variety
• Flavourings •
Almond
Lemon
Orange
Rum
Vanilla
Food Colouring

• Syrups •

Agave
Chocolate
Maple
Pancake
Silan Date

• Sauces / Condiments •

Ketchup
Tomato Paste
Tomato Tinned
Mayonnaise
Regular / Lite
Mustard
Chayonnaise
Salad Cream
Cranberry Sauce *Whole / Jellied*
Lemon Juice
Lime Juice

• Jellies •

Cherry
Grape
Lemon
Lime
Orange
Raspberry
Strawberry
Unflavoured
Sugar Free Variety
Gelatine

• Sugar •

Brown *Dark / Light*
Caster
Demerara
Granulated
Icing
Cubes / Sachets
Vanilla

• Sweeteners •

Hermesetas
Xylitol

• Tinned Vegetables •*KITNIOT*

Baby Corn
Corn Kernels
Chick Peas
Green Peas

• Spreads •

Almond Butter
Almond Coconut Butter
Cashew Butter
Chocolate
Coconut Cream
Dulce de Leche
Hazelnut
Nutty Chocolate
Macadamia Butter
Pecan Butter
Pine Nut Butter
Pistachio Butter
Charoses
Date Spread
Date Syrup
Honey

• Preserves / Jams •

Apricot
Black Cherry
Blackcurrant
Cherry
Cranberry Blueberry
Mirabelle
Orange Marmalade
Plum
Pomegranate Raspberry
Raspberry
Strawberry

• Spreads - KITNIOT •

Delinut *Milky / Parve*
Nutella
Peanut Butter

• Fruit Tins / Jars •

Apricots
Cherries
Fruit Cocktail
Lychees
Mandarins
Mango
Peaches
Pears
Pineapple
Applesauce Cups
Fruit Cups

*Select varieties of Salads contain KITNIOT***• Dairy •**

Brie
Camembert
Cheese Blocks
Cheese Portions
Cheese Slices
Cottage Cheese
Cream Cheese
Emmenthal
Feta Cheese
Gouda
Grated Cheese
Halloumi
Havarti
Margarine *Hard / Soft*
Mozzarella
Parmesan
Puddings
Soft Cheese
Sour Cream
String Cheese

Fromage Frais
Greek Yoghurts *Regular / Lite*
Yoghurts *Plain / Fruit*
Yoghurt Drinks

Butter *Salted / Unsalted*
Double Cream
Whipping Cream
Milk
Full Fat / Semi / Skimmed

Pasteurised Eggs *Whole / Whites / Yolks*
Fresh White Eggs
6pk / 12pk / 30pk
Free Range White Eggs
6pk

• Prepared Foods •

Latkes
Vegetable Cutlets
Falafel - *KITNIOT*

• Salads / Dips •

Aubergine
Chrayne
Coleslaw
Cucumber
Egg
Guacamole
Hummous - *KITNIOT*
Matbucha
Mock Liver
Moroccan Carrots
Potato
Red Cabbage
Salmon Pate
Tehina - *KITNIOT*
Tuna

• Meat / Cold Cuts •

Chicken Roll
Chopped Liver
Foie Gras
Galantine
Kabanos
Liverwurst
Mortadella
Roast Beef
Salami
Salt Beef
Sausages
Smoked Top Rib
Tongue
Turkey
Viennas

• Fish •

Anchovies - *KITNIOT*
Fishballs
Regular / Sugar Free
Fried Fish Fillets
Gefilte Fish
Goujons
Herring *Large Variety*
Salmon Cutlets
Smoked Salmon
Tuna Bites

• Raw Fish •

Cod Fillets
Haddock Fillets
Minced Fish
Rainbow Trout
Salmon Fillets
Sea Bass
Tuna Steak

• Raw Meat •

Brisket
Cholent Meat
Flanken
Goulash
Lamb Chops
Lamb Cutlets
Minced Meat
Pickled Brisket
Shin Of Beef
Steak
Tongue

• Raw Poultry •

Drumsticks
Goujons
Legs
Liver
Minced
Necks
Pargiot
Portions
Schnitzel
Soup Pack
Strips
Thighs
Whole
Wings

• Turkey Schnitzel**• Pesach Foods •**

Charoses
Grated Horseradish
Ready Made Seder Plate
from Monday 3rd April
Shank Bone
located in freezer (Aisle 5)

