

## Salt Beef Topper



**Prep Time**  
5 minutes

**Cooking Time**  
30 Minutes

**Preference**  
Meaty

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### Ingredients

- 1 tbsp olive oil
- 1 onion finely sliced into strips
- 2 packets Frohwein's salt beef
- 1 packet Frohwein's roast lamb
- 2 tbsp honey
- Salt and pepper

### Method

1. Saute onion in olive oil until soft and starting to caramalise.
2. Cut the meats into strips and add to the pan.
3. Add in honey and season with salt and pepper. Keep tossing for about 10 minutes.  
 Serve warm or cold!